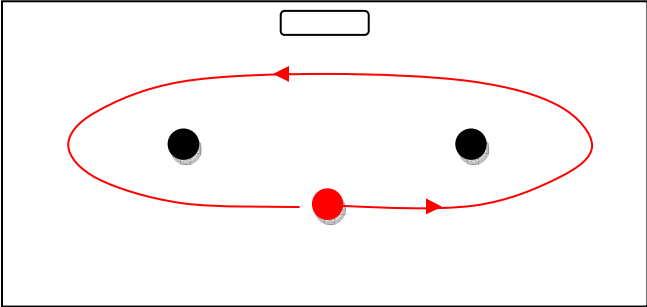


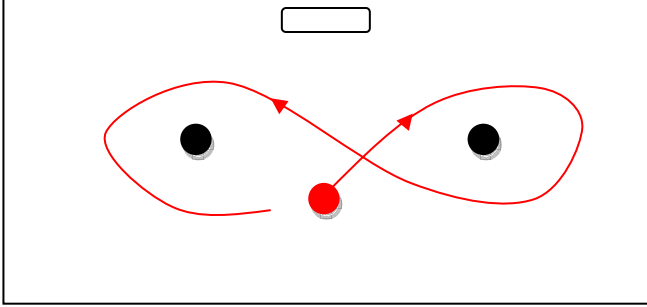


**PRO SHOT**  
**STICK HANDLING DRILLS**  
[www.plas-techfab.com](http://www.plas-techfab.com)

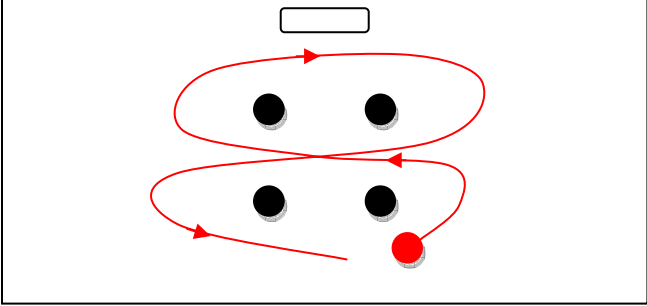
**Wide Loop**



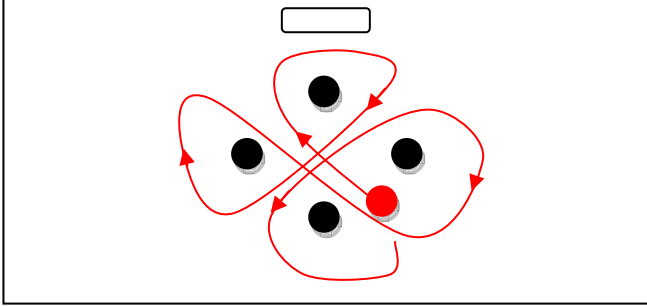
**Wide Figure 8**



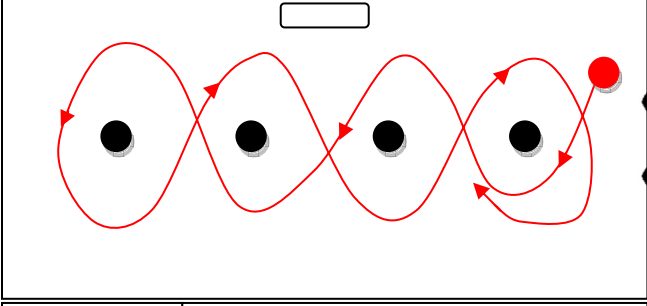
**In & Out Loop**



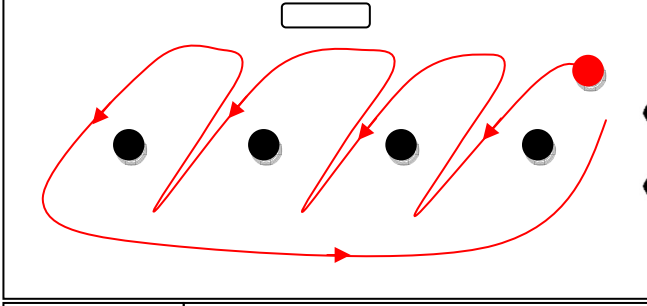
**4 Leaf Clover**



**Line Drill**



**Toe Drags**



<b>Variations:</b>	Start with 2 or 3 Pylons. Adjust Pylons in or out. Switch to mirror image.
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<b>Variations:</b>	Start with 2 or 3 Pylons. Adjust Pylons in or out. Switch to mirror image.
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